

IN THE CLAIMS

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IN THE CLAIMS

8(new) an exercise machine comprising:

a support frame having a base, side portions, and a central upper portion running normal to said base portion;

a seat portion pivotally mounted on said support frame;

a back rest portion hinged to said seat portion;

a calibrated adjustment lever for setting the seat portion at one of a plurality of preselected positions at different distances from the base portion of said support frame;

the end of said back rest portion connected to said seat portion and moving along with said seat portion to bring said back rest portion towards a vertical position;

a pair of opposing lever arms connected together at one end thereof, said lever arms having supports thereon for supporting weights; and

means for pivotally supporting one end said lever arms on said central upper portion of said support frame on opposite sides of said central upper portion with said lever arms extending outwardly from each other at an angle of approximately 35 degrees;

said lever arms each being supported on a separate swivel bracket, said swivel brackets being horizontally angulated relative to each other; and

handles mounted on the other ends of said lever arms for use in grasping the lever arms.

9(new)

The exercise machine of claim 8 and further including means for selectively adjusting the positions of said lever arms above the base portion of the support frame.

10(new)

The exercise machine of claim 8 and further including means for selectively adjusting the positions of said handles relative to said lever arms.

11(new)

The exercise machine of claim 8 wherein said swivel brackets form a swivel bracket assembly, said lever arms being interconnected by means of said a swivel bracket assembly.

12(new)

The exercise machine of claim 8 wherein said handles are removably mounted on said lever arms with a mount permitting adjustment of the position of the handles relative to said lever arms and the axial positioning thereof in one of two positions 180 degrees apart.